When they want to stretch out at the foot of the tree called "el yatil" in Arabic and "tadjart" ⊕ⵜ+ in Tamashek (a kind of acacia), which is inhabited by jinn, they must first wound it with a stone, and stones are always to be found at the foot of these trees. One can also see the wounds made in the bark. 776 824 789

The "teborak" (Balanites aegyptica) is also a haunted tree. If one wants to rest under its shade, it is first necessary to break seven of the tree's thorns.

There are also "kel esouf" in the place where an animal has had its throat cut. 776

Mount Oudane is haunted, as are many others. [823]

These superstitions are probably survivals of their old religion, before their conversion to Islamism. Like them, "The Arabs of the pre-Islamic period worshipped jinn, or genii. The deserts and mountains where one sometimes gets lost for entire weeks are full of beings of this kind.... They can do much harm and much good.... They live in rocks, trees, or statues. Each tribe, or sometimes a group of tribes, had its special jinni; its rock, its tree, its own image, before which an appointed family carried out priestly duties" (1). 174 771 776

1. Essai sur l'Histoire de l'Islamisme, by R. Dozy, pages 5 and 6.

The Tuareg have many other superstitions. Thus nobles would never kill a "uran" (varanus), which in Tamashek is called "ar'ata" •+⁝ , and a fortiori would not eat it. Sidi ag Keradji and Azioue1 ag Ser'ada told me that the uran is the maternal uncle of the Tuareg, and Sidi told me the following legend: "Seven nobles had killed a camel belonging to Sidna Nouh (Hoah). Among them there was a noble Tuareg. To punish them God changed them, one into an uran, another into a jackal, a third into a chameleon, etc. /61/ The uran was the noble Tuareg. The camel that was killed is now in the sky: it is the Great Bear. The Polar Star, 'Bel Hadi', is its head." 565 825 773 784 [821]

7:Nicolaisen E-5 (1951-1962) 1963 MS25 Tuareg MS25

Religious beliefs also interfere with Tuareg stock-breeding and create usages of an irrational kind. Thus the Tuareg, like other North African peoples, firmly believe in the mystic benevolent power, or benediction, known as *elbaraka*. This is a power that emenates from God. It is given by God to man and it cannot act unless certain taboos, or rather religious prescriptions, are followed. The benediction *elbaraka* is more than anything else hurt by impurity. Cleanness is an absolute necessity for this good force to be sustained in the same way that a man cannot approach God through prayer if he be unclean. Women are considered unclean during their periods of menstruation and cannot, therefore, then pray to God. They are also forbidden to drink the milk of domestic animals which have very young kids, lambs, or calves, and they must not drink water which has been conserved in newly-made skin-bags. These taboos are maintained in order not to hurt the benediction given the animals by bringing it into contact with impurity. For the same reason milk taken from animals which have recently brought forth young should not be given to strangers – they might be unclean and harm the *elbaraka*. It is also believed that soil is an impurity dangerous to *elbaraka*, and milk must never be spilt on the ground. Even when milk-bowls are cleaned with water, this liquid should be poured out upon plants or stones, and never be spilt on the ground. Should this be done, God will withdraw his *elbaraka* and the result will be severe periods of drought without milk. I have frequently heard Tuareg ascribe the lack of rain and the dry pasture – the lack of *elbaraka* – to the fact that somebody had spilt milk upon the ground. This had caused God to be angry and to withdraw his benediction. Some Tuareg have also said that *elbaraka* is harmed by a person who blows upon milk. When a man drinks milk he must not blow away impurities before drinking but must remove them by means of a piece of straw.

In the two groups of Northern Tuareg and also in Ayr it is considered very disgraceful for a person who watches the animals away from camp to drink milk directly from an animal's udder. Some Tuareg say that a man when staying alone among milk-yielding animals should not utilize their milk even if he performs milking in the usual way. A person who breaks these rules is called *émenkes* or *émelded* among the Ahaggar Tuareg, *émelded* in Ayr. The Tuareg say that there are some people, and in particular many slaves, who do not follow this rule, and that they are despised if known to have broken it. When two or more people are alone with a herd or flock away from the camp they can freely utilize the animals' milk. And it is very normal for camel herdsmen to live with a herd of she-camels in isolated places for long periods. They then live almost exclusively on camel's milk taken from the herd they guard.

Certain usages connected with stock-breeding are rationally explained by the Tuareg. Thus when they heat milk by means of hot stones (cf. p. 221) put into the milking bowl, they claim that this is done in order that the milk shall not get dirty as would happen were it heated in an ordinary cooking pot. Another custom which by other stock-breeders has been explained as being based upon magic, namely the usage not to drink milk and eat meat at the same time, is also rationally explained by the Tuareg. They say that there is no taboo on taking these kinds of food together, but it is very unwise to do so because the mixture will act as a laxative and upset the stomach. Therefore, if a Tuareg has drunk much milk he will not eat meat shortly afterwards, and if he has eaten meat he will not take milk for some hours, though he may do so should ample water have been added to the milk. The Tuareg to my knowledge have no other special customs in connection with stock-breeding and milk than there mentioned